



Adolescent Substance Use Treatment Services



Warning Signs for Substance Abuse:

- Losing interest in activities they once enjoyed.
- Change in behavior: irritability, isolation, happy all the time, anger, moodiness.
- Sleeping more than usual or not sleeping at all.
- Breaking rules.
- Exhibits physical changes like sudden weight loss/or gain, frequent nosebleeds, bloody or watery eyes.

Did you know?

- Your brain is still developing until age 25. Use of marijuana before age 25 may have an impact on your brain development.
- Cannabis causes lung damage, inflammation, irritation and destruction of the air sacs.
- Cannabis use leads to lower IQ point.
- Those who begin using before age 14 are 7 times more likely to develop substance use dependence.
- Cannabis use associated with 2-3 times increased risk of psychosis.
- Edibles can have very high levels of THC and take up to 90 minutes before the effects are felt, making it difficult to judge how much to consume and increasing the chance of overdose.
- Roughly 80% of patients report benefiting from improved quality of life and health after completing drug and alcohol rehab.

**For more
information**
510.574.2100

